

**St Faith's Curriculum Map for Physical Activity Key Stage 2
Cycle B**

Autumn Term

Spring Term

Summer Term

	Gym	Dance	Games	Gym	Dance	Games	Gym	Dance	Games	Playtime Activities On rota
Year 3/4 1 st half	Dance: Volcanos		Basketball/ Netball	Pathways Val Sabine Assessment		Tri Golf	Swimming		Striking and Fielding	Basketball Skipping Football Ball skills
2 nd half		Travelling with change of front direction Val Sabine	Football			Tag Rugby		Swimming	Athletics	
Year 4/5 1 st half	Orienteering		Basketball/ Netball	Flight Val Sabine Assessment		Tri Golf	Swimming/ Aerobics		Striking & Fielding	Basketball Skipping Football Ball skills
2 nd half	Bridges Val Sabine	Short dance unit - Rainforest	Football			Tag Rugby		Swimming / Aerobics	Athletics	
Year 6 1 st half	Holes and Barriers Val Sabine		Basketball/ Netball	Indoor Athletics Personal performance Partner work		Tri Golf	Counter Balance/ Counter tension Val Sabine		Striking & Fielding	Basketball Skipping Football Ball skills
		Cats	Football		Haka	Tag Rugby		Performance Dance		

Our curriculum for P.E. aims to ensure that all pupils:

Develop competence to excel in a broad range of physical activities

Are physically active for sustained periods of time

Engage in competitive sports and activities

Lead healthy, active lives

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