

Overview for PE FS+KS1 St Faiths 2014-15 - **Cycle B**

	Venus		Neptune	
	Dance+movement /Gymnastics (Tues)	Games/skills (Mon)	Dance+movement /Gymnastics (Tues)	Games/skills (Fri)
Term 1a	Gym- Val Sabin Nursery Unit also Mix of Travelling/stretching and curling- Unit A/B	Games YR Unit 1 Val Sabin Bean bags	Gym- Val Sabin Wide, narrow, curled Unit G	Games Y2 Unit 1 Val Sabin Throw/catch Invent games
Term 1b	Let's Move CD 2 + 3 <i>Autumn + Christmas</i> <i>(Christmas dance Y1)</i> OR <i>Alternative Dance prog'</i>	Games YR Unit 2 Val Sabin Medium balls	Time to Move <i>Animal or mechanical</i> <i>Colours on the move</i> <i>(Christmas dance Y1)</i>	Games Y2 Unit 2 Val Sabin Create partner games Aim/hit/kick
Term 2a	Gym -Val Sabin Flight - bouncing, jumping and landing Unit D	Games YR Unit 3 Val Sabin Hoop+ quoites	Gym- Val Sabin Pathways - straight, zigzag, curling Unit I	Games Y2 Unit 3 Val Sabin Dribbling/hitting/ kicking
Term 2b	Let's move <i>CD 1 and 2</i> <i>Space + 'Are you Spring?'</i> OR <i>Alternative Dance prog'</i>	Games YR Unit 4 Val Sabin ...	Time to Move <i>Peter and the wolf</i>	Games Unit 4 Val Sabin Developing Partner work
Term 3a	Gym- Val Sabin Rocking and rolling Unit F	Games Dev' small group games - Top Play/Parachute	Gym- Val Sabin Linking movements together Unit K	Games Developing Team games - Top Play Parachute
Term 3b	Let's Move CD 1 <i>British Folk Dance</i> OR <i>Alternative Dance Prog</i>	Games Group Games cont Sports day practice	Time to Move <i>Welsh folk dance</i> <i>Mrs Armitage</i>	Games Team Games cont Sports day practice